

CRESTWOOD VILLAGE

CO-OP FOUR

Phone (732) 350-0230 Fax (732) 350-6930

www.crestwoodvillagefour.com

AUGUST 2023

A MESSAGE FROM YOUR PRESIDENT... I hope everyone is enjoying their Summer, albeit a little wet and very humid. Unfortunately, we have had to reschedule and/or cancel many of our events due to the weather. The Tailgating Party will hopefully be scheduled for sometime in the Fall, which will be upon us in no time. Sadly, because of the weather, the smoke from the Canadian Wildfires, and low turnout, our Food Truck Festival has been put on hold until September. On the other hand, our Summer BBQ was a success. Everyone who attended said they had a great time, ate burgers and hot dogs, played horse shoes, won prizes and mingled with neighbors and friends. It's great to see our members participate in our events because it's YOU we are thinking about when we put them together. We want YOU to have a great time and meet your neighbors in the Village.

Now on to business, we have been noticing and receiving many complaints about members making alterations to the common area and/or their units. This includes but is not limited to railings, plantings, tree removals, decorative items, etc.

A very important reminder...

If you are thinking about making changes to the common area and/or to your unit, it is always prudent to obtain and submit a modification form because certain changes must get Board approval before they can be altered. If you are unsure about anything, check your Rules & Regulations or call the office and our staff will be happy to assist you.

Where can I get a Modification Form and what do I need?

There are different Modification Forms for different modifications, such as garage doors, ramps, satellite dishes, A/C and heating or general. These forms can be found in the lobby or on our website www.crestwoodvillagefour.com. You will need your contractor's Certificate of Liability Insurance naming Crestwood Village Co-Op Four, Inc. as the Certificate Holder, their NJ License, a sketch, diagram or photos of the work to be done and permits if required. These must all be submitted **with** the Modification Form or it will be returned to you. All completed Modification Forms can be emailed to your Resident Coordinator, Diane Marchinetti at diane@crestwoodvillagefour.com or left with Kia or Terri at reception.

Keep in mind...

If you do not get Board approval for any alterations/additions, you will be responsible for the cost of removing the alteration/addition, and returning the area to its former state.

I hope you stay safe and cool for the remainder of the Summer and keep reading the newsletter for upcoming events.

-Donna Golding, President-

AUGUST AT A GLANCE 8/18 - RECYCLING

8/1 - KNITTING & CROCHET

8/26 - VILLAGE GARAGE SALES

8/2 - CURBSIDE DEBRIS PICK-UP

8/3 - TWP BULK PICK UP

8/4 - RECYCLING

8/5 - FLEA MARKET

GARBAGE PICKUP MON & THURS

BINGO TUESDAYS

CARDS WEDS 12PM-3PM

SHUFFLEBOARD WEDS @ 6PM

BOCCE THURS @ 6PM

THERE ARE 5 WEDNESDAYS IN AUGUST!!!

SO VOTE ON WHERE THE BUS GOES ON THE 5TH WED. CALL THE OFFICE AT 732-350-0230 TO LET US KNOW BY AUGUST 16TH. THE PLACE WITH THE MOST VOTES WINS. (MUST BE REASONABLE LOCATION)

BOOKKEEPER'S CORNER

By: Laura Dempsey

WHAT IS A BOOKKEEPER? Bookkeepers oversee a company's financial data and compliance by maintaining accurate books on accounts payable and receivable, payroll, and daily financial entries and reconciliations. They perform daily accounting tasks such as monthly financial reporting, general ledger entries, and record payments and adjustments. Bookkeepers have been around as far back as 2600 BC when records were tracked with a stylus on slabs of clay-making bookkeeping not the oldest profession, but close... In colonial America, bookkeepers would record transactions in a "wastebook"-so called because the data would eventually be entered into an official ledger and the original book would go into the trash. Today, bookkeepers use a software platform to record income and expenses and budget tracking as well as making bank deposits, reconciling bank statements monthly and carefully reviewing for any variances.

Clubhouse Parking: For those residents who may not know; Crestwood Village Co-Op Four offers parking spaces for a monthly fee of \$35.00 per space if you have the need to park a vehicle overnight on a regular basis-remember there is no overnight parking on the street. If interested, please contact the office for a Lease Agreement and complete the form. You will be issued a Sticker and the numbered spot to park your vehicle. You can pay by check each month or we can automatically debit your checking account monthly. Parking spots are available only to residents in good standing-the Village has the right to terminate the Agreement with seven (7) days written notice to the resident if they are not in good standing. The Lease Agreement is good for one year from date of issue and is renewable with a new Lease Agreement. If the parking spot is no longer needed; the Village must be notified within thirty (30) business days of the expiration date that the resident wishes to terminate the Lease Agreement.

Have a great summer!!

A WORD FROM MAINTENANCE... It's Summer and that means heat and humidity!. It also means it's a good time to check your attic fans. **What are Attic Fans and how can they help?** According to "family Handyman", "An attic fan is exactly what it sounds like. It's a fan that pushes out stale indoor air and brings in fresh outside air. It might not sound like much, but the simple act of circulating attic air can greatly affect home temperature and energy consumption. Attic fans can save you money on cooling costs. How? Because heat rises to the attic. Instead of letting that heat sit and re-enter your house, attic fans "move hot, humid air outside of your home and release it into the cooler overnight temperatures," says Zac Houghton, CEO at [Loftera](#). That translates to lower cooling costs."

If you have an attic fan that needs to be checked, or if your attic fan isn't working, CV4 Maintenance can remove your old attic fan and install a new one for \$300.00. You can schedule an appointment by emailing your Resident Coordinator, Diane Marchinetti, at diane@crestwoodvillagefour.com or calling our office. Of course, if you have any questions, our office is always here to assist you. Enjoy your Summer!

-Your Maintenance Crew-

CRESTWOOD VILLAGE IV - WOMEN'S CLUB MEETING -

NO MEETINGS UNTIL SEPTEMBER 7TH

Hello Ladies, I hope you are enjoying your Summer. We will be meeting again the first Thursday of September. It will be a pizza party with refreshments given by your Board members. It's also time to join or pay your dues. Dues are \$10 dollars for the year. At each meeting we enjoy each other's company and refreshments. Over the Summer we are collecting personal hygiene supplies for our homeless Vets and Seniors. Please bring them to the September meeting!! Hope to see you all back and don't forget - bring a friend!

PRESIDENT - KATE PLANZ (y2kplanz@gmail.com)

VICE PRESIDENT - MADDY DEMPSEY (dammom615@verizon.net)

TREASURER/SECRETARY - SANDY LONG

SECRETARY/TREASURER - RENEE ESPOSITO

OUR ALL AROUND ASSISTANT SHEILA SHELLENBERGER

CERAMICS CLASS - EVERY WEDNESDAY 9AM-12PM

It's HOT, it's HUMID, why not come to our Ceramics Class held **EVERY** Wednesday morning in the Betsy Ross Room from 9AM to 12PM. WHY? Because it's air conditioned and FUN! We have an amazing group and ALL ARE WELCOME! Paints are supplied and we have an instructor that comes twice a month who is very knowledgeable and helps us all. We would love to see and meet you.

Maddy Dempsey, President dammom615@verizon.net

Renee Esposito, Vice President

Sandy Long, Treasurer



KNITTING & CROCHETING GROUP

Our August meetings will be on **August 1st and 15th from 10am-12pm in the Betsy Ross Room**. Hope you are enjoyed your Summer and looking forward to seeing everyone.

Remember to welcome new members to the group and teach them a new skill. I look forward to seeing you all!

- Renee Esposito-

ATTN: ALL SHUFFLEBOARD PLAYERS

Shuffleboard is for EVERYONE! We play **Wed Nights at 6PM** Call **Goody at 732-350-4737** for more information.

BOCCE...The Bocce games are on and they are getting HOT! **EVERY Thursday night at 6PM**. Anyone can play. For more information, please contact **Frank Skettini at 732-350-0230**.

LOOKING FOR SOMETHING TO DO WEDNESDAYS FROM 12PM-3PM? HOW ABOUT PLAYING CARDS? CALL BOB JOLLY @ 732-350-4034 FOR MORE INFO OR COME TO THE BETSY ROSS ROOM!

VOLUNTEER



DENNIS & ARLENE COSTELLO NEED VOLUNTEERS TO HELP COLLATE & DELIVER THE PAPERS & NEWSLETTERS. PLEASE CALL 678-873-9726 FOR MORE INFORMATION.

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ad-468

AUGUST 2023 BUS SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 NO TRIPS	2 9:00 AM Whiting Shopping Center & Whiting Commons PM ONLY - Lacey Mall P/Ups begin 11:30AM	3 NO TRIPS TODAY	4 9:00 AM Whiting Shopping Center and Whiting Commons. 11:30AM Manchester Shop Rite	5 NO TRIPS TODAY
6 9:00 AM CHURCH STOPS AT: VARIOUS CHURCHES	7 10:00AM Whiting Shopping Center and Whiting Commons Dollar Tree 1:00PM Depart Whiting Shopping Center	8 NO TRIPS	9 9:00 AM Ocean County Mall Target/Lowes, DSW, Michae	10 NO TRIPS TODAY	11 9:00 AM Whiting Shopping Center and Whiting Commons. 11:30AM Manchester Shop Rite	12 NO TRIPS TODAY
13 9:00 AM CHURCH STOPS AT: VARIOUS CHURCHES	14 10:00AM Whiting Shopping Center and Whiting Commons Dollar Tree 1:00PM Depart Whiting Shopping Center	15 NO TRIPS	16 9:00 AM Whiting Shopping Center & Whiting Commons PM Only- Lacey Mall P/Ups begin 11:30AM	17 NO TRIPS TODAY	18 9:00 AM Whiting Shopping Center and Whiting Commons. 11:30AM Manchester Shop Rite	19 NO TRIPS TODAY
20 9:00 AM CHURCH STOPS AT: VARIOUS CHURCHES	21 10:00AM Whiting Shopping Center and Whiting Commons Dollar Tree 1:00PM Depart Whiting Shopping Center	22 NO TRIPS	23 9:00 AM Walmart/Aldis/Kohls 1:00 PM Drop off	24 NO TRIPS TODAY	25 9:00 AM Whiting Shopping Center and Whiting Commons. 11:30AM Manchester Shop Rite	26 NO TRIPS TODAY
27 9:00 AM CHURCH STOPS AT: VARIOUS CHURCHES	28 10:00AM Whiting Shopping Center and Whiting Commons Dollar Tree 1:00PM Depart Whiting Shopping Center	29 NO TRIPS	30 *TO BE DETERMINED* CALL BY AUG. 16TH TO VOTE			

winding up SUMMER

We're slidin' into fall, and that means baseball, hotdogs, apple pie, and . . . wait for it . . .

CV4 FLEA MARKET

August 5th, 2023 from 8 am until 1 pm.
in our clubhouse!

We've got back to school supplies, necessities, clothing, outerwear, costumes; decor for halloween, thanksgiving, and even some winter holiday fashion and decorations.

Plants, produce, electronics, media, games, fashion, cosmetics, jewelry (costume and vintage), sweaters and sweats, socks & gloves, hats & scarves for fashion or warmth. You already know we've got the best vendors on the circuit, and great eats at great prices, so what are you waiting for? Come on over and celebrate the return of our flea market.

In our beautiful CV4 clubhouse!
15-E Moccasin Drive, Whiting, NJ 08759
And hey! Parking is always FREE



WE HAVE PULL TABS!

FOOD AT 4:00 PM
BINGO STARTS AT 6:00 PM

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SATURDAY, AUGUST 26TH
CELEBRATION BEGINS AT 2PM



**MANCHESTER DAY CELEBRATION
FREE BUS SERVICE SCHEDULE
WHITING PICKUPS:**

Birchwood @ Whiting	10:10	1:10	4:15
Manchester Pines	10:15	1:15	4:20
The Reserve	10:20	1:20	4:25
Crestwood Village IV	10:30	1:25	4:30
Crestwood Village V	10:40	1:40	4:45
Crestwood Village III	10:50	1:50	4:50
Crestwood Village VI	11:00	2:00	5:00
Pine Ridge South	11:10	2:10	5:10
PR @Crestwood	11:20	2:20	5:20
Crestwood Manor	11:30	2:30	5:30
Heritage @ Whiting	11:30	2:30	5:30
Country Walk	10:30	1:30	4:30
Keswick Pines	10:40	1:40	4:40
Crestwood Village I	10:50	1:50	4:50
Whiting Station	11:00	2:00	5:00
Meadows @Lake Ridge	11:05	2:05	5:05
Crestwood Village II	11:10	2:10	5:10
Crestwood Village VII	11:20	2:20	5:20
Cedar Glen Lakes	11:30	2:30	5:30
Bowker Field	11:40	2:40	5:40
RETURN TIMES:	3:00	6:00	AFTER FIREWORKS



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KIRMS PHOTOGRAPHY

Cloudy Days

Everyone likes to go out and shoot on nice bright sunny days, but cloudy days will generally yield better images. It's quite common for me to see some great clouds when I leave the house and try to find a nice scene to use those clouds. A fully overcast sky with no detail does not work well. Try to shoot on days with broken clouds, or clouds with a lot of character.

On my way to work the other day I saw some great clouds and looked for a nice place to utilize them. Since they were running from southwest to northeast it was hard to use any of the structures along the beach, which all run from west to east. I finally settled on the boardwalk in Ocean Grove.

The next day was bright and sunny with no clouds. I went to the same locations and took another image for comparison. The two images below were shot at the same time of day from the same locations. I think you'll agree that the image with the clouds has much more impact.

That's it for this month. As always you can email me with any photographic questions or problems at bill@KirmsPhotography.com. Visit www.KirmsPhotography.com to see more of my work or to join my email list and receive notifications of new postings, photo tips, etc. Keep shooting and trying to improve your images, but most importantly, have fun with your camera.



Ocean Grove boardwalk cloudy day.

Ocean Grove boardwalk sunny day.



A MESSAGE FROM YOUR COMMUNITY MANAGER/RESALE COORDINATOR

August is HERE!

Hope you, your friends and family are enjoying the **Summer of 2023!** It sure is **flying by!**

As the Summer ends, CV4 is still extremely busy planning for future events! If you have any suggestions, please email me at valarie@crestwoodvillagefour.com, we'd love to hear your suggestions.

Keep a watchful eye for continued **FUN** at **CV4** by reading your newsletter and looking out for flyers, and remember, you can always contact the office at (732) 350-0230 to find out if there are any upcoming events.

In closing, remember to stay active, stay hydrated, stay cool, get involved and above all **VOLUNTEER!**

Hope to see you around the Clubhouse

By: Valarie T. Seidner

P.S. - If you have any questions about resales OR if you notice any violations or have suggestions for the Village, please feel free to contact me.



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spc-7499

Reminder: Ask Your District Representative FIRST

The primary duty of the Representative is to work together with the Board of Trustees, to establish an appropriate link with and among the residents to further the smooth-running operation of an informed and harmonious community.

DISTRICT REP	DISTRICTS	UNIT ADDRESS	REP PHONE
Carol Marsella	1A, 2B, 3A, 3B, 4B, 8B, 9A, 9B, 21A, 21B, 22A	Concord Dr: 2 thru 7; Constitution Blvd: ALL; Hudson Pkwy: 154, 156, 158, 160, 162, 166, 168, 170, 172; Independence Pkwy: 16, 18, 19 thru 25 and 27 and 41, 43, 45, 47, 49, 51, 53, 55, 57, 59, 61, 63, 65, 67, 69, 71, 73, 75; Liberty Ct: ALL; Lincoln Ct: ALL; Moccasin Dr: 1 thru 20 and 25 and 27, 29, 31, 33, 35; Monticello Dr: 3 thru 13; Musket Ct: ALL; Musket Lane: 2, 4, 6, 8 thru 23 and 31 thru 35 and 37, 39, 41, 43; So. Columbus Blvd: 100, 102, 104, 105, 106; Wayne Ct: ALL; Webster Ct: ALL; Windsor Ct: ALL.	973-570-3470
Merrilee Burd	10B, 11A, 11B, 12A, 12B, 13A, 16A, 16B, 17A, 17B, 18A, 18B	Alden Ct: ALL; Flintlock Lane: ALL; Franklin Ln: 20, 22, 24, 26, 28 thru 84; Hale Ln: ALL; Jefferson Lane: 1 thru 10; Lexington Dr: 1 thru 20; Molly Pitcher Blvd: 1 thru 37 and 39, 41, 43, 45, 47; Molly Pitcher Ct: 1 thru 9.	848-223-4409
Blanche Doran	20A, 20B	Buckskin Ct: ALL; Hudson Pkwy: 105, 107, 109, 111, 112, 114, 116, 118; Jackson Ct: ALL; Monticello Dr: 14 thru 20.	732-597-1732
Gene Faulkner	4A, 7B, 10A, 15A, 15B	Hudson Pkwy: 113 thru 153, and 155, 157, 159, 161, 163; Mohican Lane: 8 thru 13; Musket Ln: 1, 3, 5, 7.	732-278-8983
Irene Gendron	13B, 14A, 14B, 19A, 19B	Adams Ct: All; Carteret Lane: All; Franklin Lane: 4, 6, 8, 10, 12, 14, 15, 16, 17, 18, 19, 21, 23, 25, 27; Lexington Dr: 1 thru 4 and 6, 8, 10, 12, 14, 16, 18, 20 thru 30; Pioneer Ct: 1 thru 7; Raleigh Drive: 1 thru 6.	609-284-4461
Caroline Statile	1B, 2A, 8A	Grant Ct: ALL; Independence Pkwy: 26, 28 thru 40 and 42, 44, 46, 48, 50, 52, 54; Moccasin Dr: 26, 28, 30, 32, 34, 36, 38, 42; Vermont Ct: ALL.	732-350-0701
Irene Tysh	5A, 5B, 6A, 6B, 7A	Salem Dr: 22, 24 thru 31; Valley Forge Dr: 5-7-9 11 thru 26 and 28; Yorktowne Pkwy: 49, 51, 53, 55, 57 thru 74 and 76, 78, 80, 82, 84, 86, 88, 90.	732-604-9388

EXAMPLE: If your number address is 162, as far as districts are concerned, the pertinent initials are all inclusive. (162A, 162B, 162C, 162D) whether it's a

DO YOU KNOW ABOUT 988?

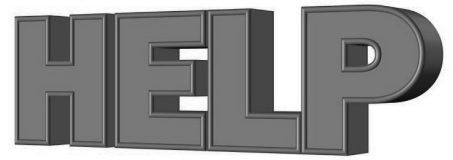
According to Seaburylife.org, “The aging process comes with its own set of concerns, challenges, changes, and stressors. All of these things can take a toll on the mental health of seniors, particularly those without access to support systems and treatment. For example, many seniors experience major losses or transitions as they age. Relocating or downsizing can be a big source of worry and uncertainty, especially for people who are attached to their homes. Further, grief over the death of a spouse or friend can easily lead to loneliness and/or depression in senior citizens.

In particular, social isolation among seniors can also take a huge toll on their mental health. Factors such as retirement, disability, and health problems can all contribute to seniors becoming socially isolated. In addition to being a potential risk factor for isolation, for some, retiring may also feel like losing their sense of purpose, which can further lead to feelings of depression or sadness. Health problems and cognitive decline, too, can cause feelings of anxiety or hopelessness.” **But there’s HELP!**

On July 16th, 988 will become the nationwide 3-digit dialing code for Mental Health Crisis and Suicide Prevention. 988 will connect people to the existing National Suicide Prevention Lifeline.

Compassionate, accessible care and support will be available for anyone experiencing mental health-related distress, thoughts of suicide, mental health or substance use crisis. **People can also dial 988 if they are worried about a loved one who may need crisis support.** No one should be ashamed for feeling depressed or told to “just get over it, “it will pass” or “snap out of it”. It doesn’t happen that way. You cannot “snap out” of depression and you shouldn’t have to endure feelings of loneliness, depression or other mental health issues alone. Dialing 988 can be the first step towards getting your life back! No one has to know that you called, unless you want them to know, but getting help is important. **YOU ARE NOT ALONE!** Many of us have suffered with or do suffer from depression and the key is to take the first step and get help. You will ask yourself why you hadn’t done it sooner.

By: Diane Marchinetti, Resident Coordinator



AMAZING *Tree Services*

ad#7029

609-437-0850

TREE REMOVAL & STUMP GRINDING

AUGUST 2023




SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ALWAYS OPEN: -Internet Cafe -Library -Billiards	1 KNITTING CROCHET 10AM-12PM BINGO Food 4 PM Bingo starts 6:00PM	2 DEBRIS PICK-UP Ceramics 9AM-12PM Billiards 12:30PM Cards 12PM-3PM SHUFFLEBOARD	3 BULK PICK-UP Garbage Pick-Up GAMES, PICKLEBALL & BOCCCE 6PM	4 Fit & Trim 8-9 AM RECYCLING	5 FLEA MARKET
6 NATIONAL ROOT BEER FLOAT DAY! 	7 Garbage Pick-Up Fit & Trim 8-9AM Cards 6 PM	8 BINGO Food 4 PM Bingo starts 6:00PM We have Pull	9 Ceramics 9AM-12PM Cards 12PM-3PM Billiards 12:30PM SHUFFLEBOARD	10 Garbage Pick-Up GAMES, PICKLEBALL & BOCCCE 6PM	11 Fit & Trim 8-9AM
13 WOMEN'S & FAMILY DAY 	14 Garbage Pick-Up Fit & Trim 8-9AM Cards 6 PM	15 KNITTING & CROCHET 10AM-12PM BINGO Food 4 PM Bingo starts 6:00PM	16 Ceramics 9AM-12PM Billiards 12:30PM Cards 12PM-3PM SHUFFLEBOARD	17 Garbage Pick-Up GAMES, PICKLEBALL & BOCCCE 6PM	18 Fit & Trim 8-9 AM RECYCLING
20 NATIONAL BACON LOVERS DAY 	21 Garbage Pick-Up Fit & Trim 8-9AM Cards 6 PM	22 BINGO Food 4 PM Bingo starts 6:00PM We have Pull Tabs!	23 Ceramics 9AM-12PM Billiards 12:30PM Cards 12PM-3PM SHUFFLEBOARD 6PM	24 Garbage Pick-Up GAMES, PICKLEBALL & BOCCCE 6PM	25 Fit & Trim 8-9 AM
27 CRAB SOUP DAY 	28 GARBAGE PICK-UP Fit & Trim 8-9AM Cards 6PM	29 BINGO Food 4 PM Bingo starts 6:00PM We have Pull Tabs!	30 Ceramics 9AM-12PM Billiards 12:30PM Cards 12PM-3PM SHUFFLEBOARD		26 VILLAGE WIDE GARAGE SALES